CALGARY metro®

NEWS WORTH SHARING.

French immersion enrolment on the rise in the province

More students across Alberta are learning the ABCs in French: Data PAGE 6

Most Canadians agree with mission in Iraq

Sixty-six per cent back Canada's efforts against ISIL militants PAGE 12

Ring Road's first birthday marked by some traffic relief

But congestion problems still remain, according to area residents PAGE 3

ROBERTSON COLLEGE
Be Employment Ready in Under a Year!
Choose from 17 programs in Business or Healthcare.
Classes start monthly!
Why Robertson College ?
✓ Guaranteed Lifetime Career Placement Services
✓ Access to our extensive employer network
✓ Hands-on experience with our real-world practicums*
✓ Industry experienced instructors
✓ Frequent class starts
There are only months between you & your dream career. Get started at www.robertsoncollege.com or call 587.794.4465.
*Not all programs have practicums. Contact campus for details.

Calgary Stampeders defensive back Fred Bennett celebrates an Edmonton Eskimos fumble in the fourth quarter of the CFL West Final on Sunday. The Stampeders won 43-18 to advance to the Grey Cup in Vancouver next weekend. See story, page 26. CANDICE WARD/FOR METRO

Shop THE NEIGHBOURHOOD™ YellowPages™

On November 29th get exclusive deals at Calgary's local businesses

shoptheneighbourhood.ca

PAYMENTS ARE O.A.C. AT 4.99% FOR 84MTHS. COST OF BORROWING IS 1. $2,647.21. 2. $4,020.61. TOTAL OBLIGATION IS 1. $14,167.91. 2. $21,517.91. VEHICLES MUST BE DELIVERED BETWEEN NOVEMBER 1-30, 2014. PRICES DO NOT INCLUDE GST. ERRORS AND OMISSIONS EXEMPT. VEHICLE MAY NOT BE EXACTLY AS SHOWN. DEALER RESERVES THE RIGHT TO END PROMOTIONS WITHOUT NOTICE. CANNOT BE COMBINED WITH ANY OTHER PROMOTIONS. SEE DEALER FOR FULL DETAILS.

CMPAUTO.COM CMPAUTO.COM CMPAUTO.COM

NEWS 1

City budget

4.7 per cent tax hikes may hold steady: Nenshi

How much you pay in property taxes and city fees over the next four years — and what you get in return — will be largely decided this week.

City council convenes Monday for the first of up to 10 days set aside for meetings to discuss and vote on Calgary's financial plan for 2015 to 2018.

As it stands, the plan calls for 4.7 per cent annual increases each year in the city's share of the property tax haul, money city administrators say is necessary to keep pace with inflation and cover the upfront costs of population growth that is budgeted at 25,000 a year, but may well end up being even higher.

Mayor Naheed Nenshi expects little fluctuation in the 4.7 per cent figure.

"I don't like making predictions, but my prediction is I don't think it will go up," he said Sunday. "It may go down, if savings can be found."

Coun. Sean Chu said he will look to shave the tax hike by "setting the tone" for city staff to find cost savings, although he doesn't plan to suggest many specific areas to cut, himself.

"That's not my job. My job is the setting the direction," he said. "I'm sure we can come up with some savings."

Coun. Shane Keating said he'll be looking for more "accountability" from top bureaucrats when it comes to delivering the services they say they will with the money they're allocated.

ROBSON FLETCHER/METRO

This aerial photo from fall of last year shows construction progress of the Deerfoot Trail and Stoney Trail S.E. interchange. The project's planned Oct. 1 completion was delayed and the route opened Nov. 22, 2013. COURTESY RICK BODEN

One year on, ring road offering relief

'Not much of a dent.' New route gaining popularity, but congestion problems remain, says resident

ROBSON FLETCHER
robson.fletcher@metronews.ca

One year after opening, the southeast leg of Calgary's ring road is proving increasingly popular with drivers, while traffic volume on an adjacent stretch of Deerfoot Trail is down more than four per cent.

The additional 25 kilometres of six-lane roadway at the city's southeast periphery opened on Nov. 22, 2013 — about seven weeks behind schedule and at a cost of $769 million.

Since then, the latest traffic counts from Alberta Transportation at two points along Stoney Trail SE show volumes increasing every month since full daily monitoring began, with the exception of August.

Traffic counts at Deerfoot Trail near 17 Avenue SE, meanwhile, have been lower every month this year than last year except for June, and the total year-to-date traffic is 4.25 per cent below where it was in 2013.

Coun. Shane Keating said the new leg of the ring road has been "a welcome relief to traffic in Calgary, as a whole, in the southeast" but it's only useful for some commuters who live or work near it and it won't alleviate broader congestion problems on its own.

Doug Hayden of the grassroots group LRT On The Green, which has been lobbying for improved transit service to the southeast, said there's definitely a "correlation" between the ring road opening and the dip in Deerfoot traffic but four per cent doesn't amount to "much of a dent" on such a busy roadway.

"But if we didn't have Stoney Trail, just think about how bad it would be," he said. "It scares me to think just how bad it's going to be in five or six years."

Car count

Average daily traffic volume on Stoney Trail near 52 Street SE:
January 2014: 24,355
September 2014: 34,562

Average daily traffic volume on Deerfoot Trail near 17 Avenue SE:
2013 (Jan. to Sept.): 144,837
2014 (Jan. to Sept.): 138,676

BRILLIANT LIVING IN THE HEART OF MISSION

tela condominiums

OPEN HOUSE

Thursday Nov. 20 • 4 pm – 8 pm
Door prizes • Limited-time incentives
104, 320 - 23 Ave SW
telacondos.ca

Uber has asked for a relaxation of rules governing Calgary luxury vehicles.
METRO FILE

Uber defends record, says app will make city safer

Service could rev up. Limos may be given permission to take street hails during busiest hours

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Squaring off with taxi and limo industry representatives, a leading Uber representative said the company's model is cashless and more personalized — two assets it believes will actually improve safety on Calgary streets.

Backers of the controversial app have made a request to city livery officials to do away with both the pre-arrangement rules and minimum-fare charge provisions in the city bylaws. Those two requirements are seemingly a barrier to the Uber app, which allows a driver and customer to link up directly to arrange a ride.

Going before the city's Taxi and Limousine Advisory Committee, Uber public policy lead Chris Schafer said the app offers up a photo of the driver a customer is being linked with, the make and model of their vehicle, the ability to call them directly and a rating system.

Schafer said this leads to luxury-car drivers going the extra mile to offer their patrons drinks, help them with their bags and to be professional.

"It changes a whole lot of things for passenger transportation in this city," Schafer told the committee, which generally helps shape recommendations to city council on taxi and limo matters.

"The driver knows he's being ranked and if he doesn't perform, his rating goes down," he added.

He specifically referenced a Metro story from last week in which Calgary United Cabs driver described how he'd been allegedly beaten by a group of patrons ticked that he wouldn't let them squeeze in more riders than he had room for.

Schafer said the more personalized app has been shown to cut down on such incidents and noted the removal of cash transactions helps reduce risks.

"Fare jumping is a thing of the past because Uber's got your credit card," he said.

But Schafer was met with sharp questions about the company's first "trial" in the city in 2013. Uber partnered with Executive Limousine, an approved luxury-ride provider in the city, but enforcement officers found 15 of 17 vehicles being used by the company were not suitable and lacked proper commercial vehicle insurance.

Schafer conceded that the man behind the company enlisted family and friends to operate the cars, but said that would be tough for any company to guard against.

Mario Henriques, an official in the city's licensing department, told the committee that allowing limos to take roadside hails during peak hours would add 100 or more vehicles on the roads, likely all of them coming from Allied Limousine. There are dozens of luxury-ride brokers in the city, but most prefer the pre-booking model, Henriques said.

Special requests

Uber's requests spurred a city drive to provide numerous options to boost customer service.

- **Minimum charges.** The company has asked that the $84.60 charge for sedan service be removed.
- **Pre-arrangement.** In addition, Uber has asked to also have the 30-minute pre-booking requirement nixed.

Become a Health Care Aide in less than 5 Months

New to Canada? Looking for a great career with better pay, ABM College can help!

- We offer **Alberta Government** approved programs, that lead to a rewarding career
- Funding and employment services available
- Clinical Practicum included
- Flexible class schedules: Mornings, Afternoons, Evenings and Weekends

We help you receive Government funding & scholarships

ABM COLLEGE
403.719.4300
3880 - 29 Street NE, Calgary
www.abmcollege.com

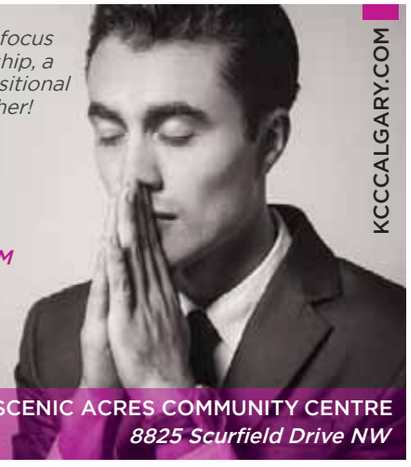
Hurry! 11 Job Ready Programs Starting Soon

Health Care Aide • Medical Office Assistant & Unit Clerk
Pharmacy Assistant • Massage Therapy • Hairstyling • Esthetics
Legal Assistant • Business Administration • Hospitality Business Management
Accounting & Payroll • Oil and Gas Administrative Assistant

Are you looking for a church whose focus is on intimacy with God, family, worship, a strong prayer ministry and deep expositional bible teaching? Then, look no further!

KINGS CHRISTIAN CENTRE

Join us every Sunday Starts 10AM
Open Heavens miracle: First Friday of every Month
Children's Church Also offered.



KCCCALGARY.COM

Any questions? Please call 403.273.3600

SCENIC ACRES COMMUNITY CENTRE
8825 Scurfield Drive NW

Your next Career: LEGAL ASSISTANT

- We offer **Alberta Government** approved programs, that lead to a rewarding career
- Funding and employment services available
- Flexible class schedules: Mornings, Afternoons, Evenings and Weekends

ABM COLLEGE
403.719.4300 | 3880 - 29 Street NE, Calgary
www.abmcollege.com

EDUCATION THAT GETS YOU HIRED!

A job that fits your schedule perfectly.

- Part-time and full-time positions
- Morning, day and night shifts
- Flexible hours for busy schedules

Ask about our career advancement opportunities and apply in restaurant today or apply online at **McDonalds.ca/careers**

2014 Best Employers in Canada
By Aon Hewitt

©2014 McDonald's

French immersion continues upward trend

Education. Overall enrolment rises for 14th straight year

LEAH HOLOIDAY
leah.holoiday@metronews.ca

By the numbers

French immersion is offered in 47 Alberta communities, with 6.2 per cent of all Alberta students enrolled.

More students across the province are learning the ABCs in French, as new data shows overall participation in the immersion program is up in Alberta for the 14th consecutive year.

With about 41,000 Alberta students in the French immersion stream last year, total enrolment in the program increased by 5.8 per cent from the previous year.

Michael Tryon, executive director of Canadian Parents for French in Edmonton, said it's always great news to hear enrolment for the immersion program is up, but it's time for the province to take the next step.

"For an alternate program, when you see the numbers going up, you know the demand is there and school districts are supporting it," said Tryon.

Thanks to the growing demand, Tryon said making French immersion a regular offering would solidify it in the province's education system.

"Let's make it a regular curriculum or regular program for Alberta students that isn't subject to the whims of administrators or superintendents or schools boards or everyone else," he said.

Calgary mom Candice Riopel said with one son already in French immersion and a daughter slated to start next year, it's positive to hear enrolment is on the rise.

The decision to register her children in French immersion was one she decided on after researching different schooling options.

"It became increasingly important the more research I did," said Riopel. "The more my husband and I researched our options, the more the French immersion program became more appealing."

Crime. Police seek help solving '97 murder case

New information relating to a 1997 homicide and advancements in forensic technology have Calgary police asking the public for help in finally solving the cold case.

Florence Marie Parkkari's body was found on Nov. 23, 1997, in her home in the 100 block of Gloucester Crescent SW.

Investigators believe the 64-year-old died sometime after 9:15 p.m. on Nov. 22.

Police have still not released the cause of her death, citing "investigative reasons."

Initially, based on profiling, investigators believed a young person or persons were most likely responsible for her death. Newly acquired information and more recent interviews, however, now have police convinced she was likely killed by an adult or adults known to her.

The case is being handled by the unsolved team of the Calgary police homicide unit, which is still reviewing CCTV from the area at the time of her death.

Anyone who may have information about this homicide is asked to call police at 403-266-1234, or to contact Crime Stoppers anonymously by phone at 1-800-222-8477, online at calgarycrimestoppers.org or by texting tttTIPS to 274637.

This is police case No. 97276365.

Florence Marie Parkkari CONTRIBUTED

ROBSON FLETCHER/METRO

More online

For more news visit metronews.ca

ASIRT. Fatal crash after pursuit being probed

Calgary police continue to investigate a fatal collision that occurred after the driver appeared to flee in order to avoid being pulled over.

At about 9:20 p.m. on Friday, police said an officer in a marked car activated the vehicle's lights and sirens after observing a "suspicious" 2003 black Lincoln Aviator near 36 Street and 8 Avenue SE.

The driver failed to stop, according to police, and fled down 36 Street and then eastbound along Memorial Drive.

Police said the pursuing officer "disengaged" near 39 Street SE and turned off the vehicle's sirens, but the driver kept fleeing, lost control and struck a tree at Memorial Drive and 44 Street SE.

The driver, a man in his early 20s, was killed.

Two passengers, a man and a woman, were taken to hospital in critical condition.

The Alberta Serious Incident Response Team is also investigating. METRO

Coun. Evan Woolley, Calgary transportation general manager Mac Logan, Calgary-Centre MP Joan Crockatt and Mayor Naheed Nenshi walk on the new Sandy Beach Bridge on Sunday. ROBSON FLETCHER/METRO

Sandy Beach Bridge first of 3 to reopen

Flood recovery. Cost to replace all three pedestrian bridges is $11.9 million, with the province and feds paying the majority

ROBSON FLETCHER
robson.fletcher@metronews.ca

One of three pedestrian bridges replacing those destroyed by the swollen Elbow River in June 2013 opened Sunday and the other two will open "in the next couple of weeks," according to Mayor Naheed Nenshi.

The Sandy Beach Bridge, connecting Britannia and Altadore via the Elbow River Pathway, is now open after the previous, decades-old bridge was wiped out by last year's historic flood.

Nenshi said the Rideau Park Bridge will open on Nov. 28 and the Riverdale Avenue Bridge "will open just shortly after that.

"It's a major step forward in our recovery from the flood," Nenshi said. "The original Sandy Beach Bridge was a crumpled mess — twisted wires, broken bridge decks, and we couldn't save it."

The new bridges, by contrast, are higher, wider and more stable. They're also far more resilient, should an even larger flood occur.

Tom Caves and his wife Gail took their dog for a walk across the new bridge Sunday and said they miss the "nostalgia" of the old bridge and how it would sway and bounce as they walked across.

But, as cyclists, they were happy to see the span return.

"Going downtown, for sure it's a route we used to take, and we've diverted since it's been destroyed, so it's nice to see it back," Tom said, estimating the return of the bridge will cut "four, maybe five kilometres" off their trip to the city centre by bicycle.

Calgary-Elbow MLA Gordon Dirks said Sunday's bridge reopening was as symbolic as it was practical.

Quoted

"I see this new foot bridge as a symbol of a connection between individuals and communities," he said. "It fills a practical need, of course, but more importantly it represents how far our great city has come in recovering from the flood."

Calgary-Elbow MLA Gordon Dirks

'Rethink your priorities.' Nenshi says to people throwing rocks at workers

Chanting "let our dogs out of jail" and walking pooches in prison garb across the new Sandy Beach Bridge, regular users of the Britannia Slopes off-leash park continued to press city officials Sunday to reverse major changes underway in the natural area.

As Metro reported two weeks ago, hundreds of metres of fencing is being erected throughout the area and the off-leash space in the park's lower section is being reduced from a virtual free-for-all to a much smaller dog "corral."

Stewart Hanlon brought his dog, along with a protest sign, to an opening ceremony for the bridge where numerous members of city council and city administration were on hand.

"I'm absolutely livid," said Hanlon, an area resident of 30 years. "I don't know whose idea it was, or why they thought that there was a problem that needed to be solved, because there's no problem here."

Mayor Naheed Nenshi said there has been "some serious erosion of the slopes" and the fencing is designed to limit foot traffic and trail braiding. He also noted city officials worked with the community on the park's plan for a long time.

Quoted

"There wasn't just a little bit of community consultation ... there was years of community consultation."

Calgary mayor Naheed Nenshi

"There wasn't just a little bit of community consultation," Nenshi said. "There was years of community consultation, before and after I became mayor (in 2010)."

Nenshi added it was "very disturbing" to hear of tactics some people opposed to the project have adopted.

Police received reports of "rocks being thrown at workers and their equipment, unkind and inappropriate words spoken to City employees, and of vandalism and graffiti," Britannia Community Association president Tim Taylor wrote in a recent newsletter.

"Folks, it's a four-foot tall fence," Nenshi said. "If a four-foot tall fence makes you throw rocks at city workers and be abusive to them, then you need to rethink your priorities."

ROBSON FLETCHER/METRO

We took a poll.

What's Calgary's favourite "made by Grandma" meal?

A) Cookies
B) Turkey Dinner
C) Waffles
D) Homemade Mac and Cheese

"The need for highly skilled, adaptable, energetic Education Assistants, who are passionate about helping students succeed continues to grow." - Sean Beagles, Calgary Board of Education

There is an urgent demand for
TEACHER'S ASSISTANTS

- Wages range from $23.02 - $30.18/hour
- **LEARN ONLINE** – Guided online learning, instructor-led, in a highly supported environment
- Become a Teacher's Assistant in just 40 weeks

"Students who attend Stenberg College and do their practicum placement through Rocky View Schools will be guaranteed an interview at the end of their placement." – Shannon Tonelli, Recruiter, Rocky View Schools

in collaboration with Calgary Board of Education

STENBERG COLLEGE
1-855-227-3460 • www.stenbergcollege.com

in collaboration with ROCKY VIEW SCHOOLS

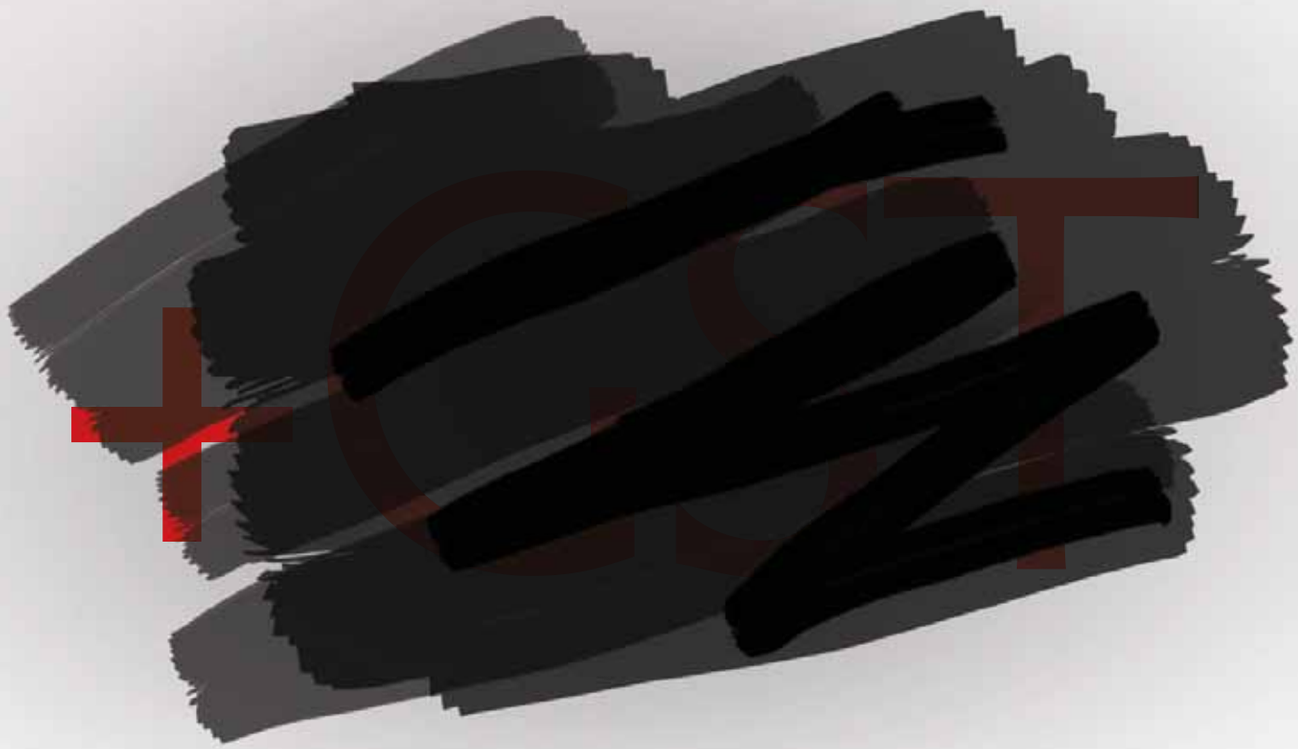
You are invited to an
INFORMATION SESSION
Wednesday, Dec. 3rd
7 pm – 9 pm
Hyatt Regency Calgary
700 Centre Street SE, Calgary, AB T2G 5P6
All attendees will receive $1000 bursary*
Please RSVP to calgary@stenbergcollege.com
or Toll Free: 1-855-227-3460
*cannot be combined with any other offer

Together

WE BLACKED OUT THE TAX

We Pay Your Tax

TOYOTA YEAR END COUNTDOWN



Driven To Be Different

403.290.1111
www.chtoyota.com
www.facebook.com/chtoyota
@chtoyota
countryhillstoyota

AMVIC

OFFERS MAY NOT BE COMBINED
PROGRAM APPLIES TO SELECT 2014 INSTOCK UNITS ONLY
THIS PROGRAM APPLIES TO BLACK COLOR VEHICLES ONLY
PROGRAM START DATE NOV 24 TO NOV 29 ONLY

Country Hills SCION

Education and residential mix eyed for Booth Centre

The Booth Centre is owned by the Calgary Board of Education. Officials have hinted at a new use for the site, damaged in the 2013 flood. HELEN PIKE/METRO

East Village. Officials can't name a building in Calgary that would be like the new Booth

JEREMY NOLAIS
jeremy.nolais@metronews.ca

Once a homeless shelter, a storied East Village centre could someday play host to the city's first primary education, residential mixed-use site.

The Calgary Board of Education has convened talks with contractors and members of the Calgary Municipal Land Corporation, which is leading the village's rejuvenation, about the site's future.

It was originally supposed to house the adult-education Chinook Learning Services program, but damage sustained in the historic 2013 flood threw a wrench into those plans.

The CBE now plans to move the Chinook Learning Services program in Tuxedo Park in with the rest of its adult-learning programs at the Viscount Bennett Centre.

Frank Coppinger, the CBE's superintendent for facilities and environmental services, shed a little light on future plans for Booth at a briefing late last month.

"Our hope is that there would be interest in the developer community to demolish that building, put in underground parking and a combination of an education facility and residential complex on top," he said at the time.

From 1988 to 2011, the Salvation Army ran the Booth Centre as a homeless shelter with 200 spaces — but, at the time of its closing, it was less than a quarter full.

The site was turned over to the CBE and approved for provincial funding to house Chinook Learning in mid-2012.

Vision

"The entire master plan ... imagines this community as having a range of uses."

Susan Veres, vice-president of marketing and communications for the Calgary Municipal Land Corporation

Neither Coppinger nor Susan Veres, vice-president of marketing and communications for CMLC, could name another site in the city that would be quite like the future Booth Centre.

Veres did say "the mix of use for East Village is critical."

"The entire master plan for the community imagines this community as having a range of uses.... With more uses come more users, more people on the streets day and night, and it really helps us to establish a healthy community."

A
Some people don't get "made by Grandma" meals.
26% of seniors in Calgary struggle buying groceries to pay their ever increasing rent.
www.united4yyc.com

Choosing the program that's right for you is a big decision. That's why SAIT Polytechnic offers information sessions - your golden opportunity to discover your program options, ask questions and sometimes, tour our campus.

Our sessions are free and range in topic and timing. Details on all our sessions can be found on the events calendar at sait.ca. Here are just a few we're offering this month:

AVIATION CAREERS

Do you love aviation? Do you want to turn your passion into a career? If so, one of these programs may be right for you:

- Aircraft Structures Technician
- Avionics Technology
- Aircraft Maintenance Engineers Technology

Join us Tuesday, November 25 at 6:30 pm at the Art Smith Aero Centre - 1916 McCall Landing NE. Call 403.284.7018 or Email aerocentre@sait.ca to confirm your attendance and for more information.

AUTOMOTIVE CAREERS

If you have a passion for cars and want a career in the automotive industry, one of these sessions is right for you:

- Automotive Service Technology
- Business Administration - Automotive Management

Join us Wednesday, November 26 at 6:30 pm in the Clayton Carroll Automotive Centre. Call 403.284.8471 or Email transportation.info@sait.ca to confirm your attendance and for more information.

SAIT POLYTECHNIC

CHRISTMAS AROUND THE WORLD
Enjoy handicrafts, food, music and Christmas traditions from around the world.
NOVEMBER 27TH, 10AM - 8PM.
A portion of all sales will be donated to 'Feed the Hungry' program at St. Mary's church.
'Tis the Reason
Discover our feel good gifts from around the world.
TEN THOUSAND VILLAGES
#101-323 17th Avenue SW, Calgary 403.719.9005
tenthousandvillages.ca

THE 2014 ALL-OUT CLEAROUT

CALGARY'S ORIGINAL
Jeep
STORE
Since 1976

GET A

4X

FRO

14J656 • NORTH EDITION • A/C • REMOTE START
SAVE $6,100
2014 JEEP
PATRIOT 4X4 $23,990
OR PAY JUST $144 BIWEEKLY • $0 DOWN!

BIG

2015 JEEP
WRANGLER
SPORT EDITION

15J015 • PENTASTAR V6
$21,998
OR PAY $139 BW • $0 DOWN!

2014 JEEP
WRANGLER
UNLIMITED SAHARA

SAVE $6,999 14J728 • NAV • HEATED SEATS
$33,998
OR PAY $205 BW • $0 DOWN!

2014 JEEP
GR. CHEROKEE
LAREDO

14J464 • V6 • KEYLESS ENTRY
$38,990
OR PAY $243 BW • $0 DOWN!

2014 JEEP
GR. CHEROKEE
OVERLAND DIESEL

WAS $66,498 14J438 • ONLY 3 REMAINING!
$56,998
OR PAY $337 BW • $0 DOWN!

0%

FINANCING A
CARAVANS,
DARTS AND

14J712 • NORTH EDITION • V6 • TRAILER TOW • BACKUP CAM
2014 JEEP
CHEROKEE $32,990
OR PAY JUST $186 BIWEEKLY • $0 DOWN!
LAST ONE!

7300 MACLEOD TRAIL S.

(403) 451-6193 WWW

AMVIC LICENSED. ALL OFFERS OAC. ALL OFFERS INCLUDE FEES AND TAXES BUT EXCLUDE GST. BIWEEKLY PAYMENTS BASED ON 96 MONTH TERMS @ 4.99% (3.49% CHEROKEE; 3.99% GR. CARAVAN) AND $0 DOWNP
DEALER FOR DETAILS.

LOT MORE

X4

OM

G4

%

VAILABLE ON
JOURNEYS,
CHEROKEES!

NORTH OF HERITAGE DR.

LBIG4MOTORS.com

ENDS SATURDAY AT 6 PM!

RAM

DRIVE THE
2014 MOTOR
TREND TRUCK
OF THE YEAR!

LAST CREW CAB SPORT! FULLY LOADED

2014 RAM 1500
SPORT 4X4 $43,998

OR PAY JUST $260 BIWEEKLY • $0 DOWN!

2014 RAM 1500
SXT 4X4
REGULAR CAB

14T839 • RARE!

$27,998

OR PAY $167 BW • $0 DOWN!

2014 RAM 1500
SPORT 4X4
REGULAR CAB

14T817 • NAV • REMOTE START

$35,990

OR PAY $214 BW • $0 DOWN!

2014 RAM 1500
BIGHORN 4X4
CREW CAB

H017 • VERY WELL EQUIPPED

$37,998

OR PAY $223 BW • $0 DOWN!

2014 RAM 1500
LONGHORN 4X4
CREW CAB

14T344 • LOADED! • NAV • LEATHER

$47,990

OR PAY $298 BW • $0 DOWN!

H021 • QUAD CAB • BACKUP CAM • REMOTE START

WAS $47,000

2014 RAM 1500
SLT 4X4 $29,990

OR PAY JUST $179 BIWEEKLY • $0 DOWN!

SAVE OVER $17,000!

CALGARY'S MOST-EXPERIENCED TEAM HAS THE ANSWERS!

AYMENT. COST OF BORROWING @ 4.99%= $8,490.81 (2014 RAM 1500 SPORT) ALL REBATES TO DEALER (INCLUDING 2014 RAM LOYALTY BONUS). VEHICLES MAY NOT BE EXACTLY AS SHOWN. LIMITED TIME OFFERS. SEE

WOOD GROUP

Fly to Cairo, from Toronto connecting to the
Middle East, Far East and Africa

Connections available from all Canadian cities

Toronto: (416) 960-0009
Montreal: (514) 875-9990

egyptair.com

EGYPTAIR
A STAR ALLIANCE MEMBER

Majority of Canadians back Iraq mission: Poll

Forum Research Poll. 66 per cent of voters agree with the Canadian effort to combat ISIL militants

Canadians voice opinions

- Voters were evenly divided on whether attacks on Cpl. Nathan Cirillo and Warrant Officer Patrice Vincent justified Canada's involvement in the U.S.-led mission in Iraq.
- The poll was taken by telephone using an interactive voice response survey on Nov. 19 and 20. The sample was made up of a random selection of 1,500 Canadians aged 18 and older.

About two-thirds of Canadians support the mission in Iraq and consider the Islamic State of Iraq and the Levant (ISIL) a threat to Canada that must be confronted overseas, a new poll says.

Days after Canada's third bombing mission destroyed a warehouse and training ground in northern Iraq, a Forum Research poll found 66 per cent of voters agree with the Canadian effort to combat ISIL. Our contribution to this war effort includes bombing missions by six CF-18 fighter jets.

The survey found that 30 per cent do not agree with the mission — a position mirrored by 40 per cent of voters aged 18-34, and 37 per cent of those polled in Quebec.

The poll also discovered more Canadians agree that ISIL poses a direct threat to Canada today (67 per cent) than did in a September poll (56 per cent).

About two thirds of voters support the claim that ISIL must be combatted in Iraq to stop the group from spreading into Canada.

A strong majority of Canadians — 70 per cent — believe the country needs tougher anti-terrorism laws.

Of those polled, 72 per cent agree that Canadians deemed "high-risk," who might travel abroad to participate in jihadist movements, should have their passports revoked. And 86 per cent agree that such individuals should not be allowed back into Canada once they have left.

Forum put Ben Franklin's famous adage to voters: "Those who give up their freedom for security deserve neither freedom nor security." Less than half — 45 per cent — agree with Franklin, a quarter do not and just under one-third have no opinion on the statement.

Forum said its results are accurate plus or minus three percentage points, 19 times out of 20. **TORSTAR NEWS SERVICE WITH FILES FROM THE CANADIAN PRESS**

CHEVROLET

CANADA WIDE CLEARANCE

0% FOR 84 MONTHS* PURCHASE FINANCING ON 2014 CRUZE MODELS

FALL BONUS ELIGIBLE OWNERS RECEIVE UP TO $1,500††

2014 CRUZE LS 1SA

0% FOR 84 PURCHASE FINANCING MONTHS * +$2,250 IN DELIVERY CREDITS‡ INCLUDES $750 FALL BONUS††

OR

UP TO $4,250 IN CREDITS ON CASH PURCHASES‡ ON OTHER MODELS. INCLUDES $750 FALL BONUS††

52 MPG HIGHWAY
5.4 L/100 KM HWY | 8.2 L/100 KM CITY*

LTZ MODEL WITH RS PACKAGE SHOWN

SAFETY, EFFICIENCY AND INNOVATION ALL ROLLED INTO ONE:

- BEST-IN-CLASS SAFETY WITH 10 AIRBAGS^
- POWER WINDOWS & LOCKS WITH REMOTE ENTRY
- SIRIUS XM RADIO™
- ONSTAR®^
- AVAILABLE AIR CONDITIONING
- AVAILABLE 6-SPEED AUTOMATIC TRANSMISSION

ALL 2014s COME WITH CHEVROLET COMPLETE CARE: 2 YEARS/40,000 KM COMPLIMENTARY OIL CHANGES^ / 5 YEARS/160,000 KM POWERTRAIN WARRANTY^^ / 5 YEARS/160,000 KM ROADSIDE ASSISTANCE^^

CHEVROLET

FIND NEW ROADS™ / OFFERS END DECEMBER 1ST

AlbertaChevrolet.com

ON NOW AT YOUR ALBERTA CHEVROLET DEALERS. AlbertaChevrolet.com 1-800-GM-DRIVE. Chevrolet is a brand of General Motors of Canada. Offers apply to the purchase and finance of a 2014 Chevrolet Cruze. Freight and PDI included. License, insurance, registration, administration fees, dealer fees, PPSA and taxes not included. Dealers are free to set individual prices. Limited time offers which may not be combined with other offers, and are subject to change without notice. Dealer trade may be required. * Offer available to qualified retail customers in Canada for vehicles delivered between November 1 and December 1, 2014. 0% purchase financing offered on approved credit by TD Auto Finance Services, Scotiabank® or RBC Royal Bank for 84 months on new or demonstrator 2014 Sonic LS 1SA, Cruze LS 1SA and Silverado 2WD 1WT; special finance rate not compatible with certain cash credits on Silverado 1500, Cruze and Trax. Participating lenders are subject to change. Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: $20,000 at 0% APR, the monthly payment is $238.10 for 84 months. Cost of borrowing is $0, total obligation is $20,000. Offer is unconditionally interest-free. Freight and air tax ($100, if applicable) included. License, insurance, registration, PPSA, applicable taxes and dealer fees not included. Dealers are free to set individual prices. Limited time offer which may not be combined with certain other offers. GMCL may modify, extend or terminate offers in whole or in part at any time without notice. Conditions and limitations apply. See dealer for details. ® Registered trademark of The Bank of Nova Scotia. RBC and Royal Bank are registered trademarks of Royal Bank of Canada. ‡ $2,250 is combined credit consisting of $1,500 manufacturer to dealer delivery credit (tax exclusive) available on 2014 Cruze LS 1SA including a $750 Fall Bonus (tax inclusive). This delivery credit can be combined with special lease and finance rates. † $4,250 is a combined credit consisting of a $1,000 manufacturer to dealer delivery credit (tax exclusive) for 2014 Cruze LTZ, a $750 Fall Bonus (tax inclusive) and a $2,500 manufacturer to dealer cash credit (tax exclusive) for 2014 Cruze LTZ, which is available for cash purchases only and cannot be combined with special lease and finance rates. By selecting lease or finance offers, consumers are foregoing this $2,500 credit which will result in higher effective interest rates. Discounts vary by model and cash credit excludes Cruze 1LS 1SA. †† Offer applies to eligible current owners or lessees of any model year 1999 or newer car that has been registered and insured in Canada in the customer's name for the previous consecutive six (6) months. Credit valid towards the retail purchase or lease of one eligible 2013, 2014, 2015 model year Chevrolet car, SUV, crossover and pickups models delivered in Canada between November 1 and December 1, 2014. Credit is a manufacturer to consumer incentive (tax inclusive) and credit value depends on model purchased. $750 credit available on all eligible Chevrolet vehicles. Offer is transferable to a family member living within the same household (proof of address required). As part of the transaction, dealer may request documentation and contact General Motors of Canada Limited (GMCL) to verify eligibility. This offer may not be redeemed for cash and may not be combined with certain other consumer incentives. Certain limitations or conditions apply. ‡‡ Based on GM Testing. ^ Safety Rankings: Based on the aggregation of frontal, side and rollover crashworthiness evaluations by the U.S. Department of Transportation's (NHTSA's) New Car Assessment Program. Ratings range from 1 to 5 stars, with 5 stars being the highest. Visit safercar.gov for more details. ^^ Based on GM Testing. ^^^ Based on 2012 Upper Small segment, excluding Hybrid and Diesel powertrains. Standard 10 airbags, ABS, traction control and StabiliTrak. ~ Visit onstar.ca for coverage maps, details and system limitations. Services vary by model and conditions. OnStar acts as a link to existing emergency service providers. After the trial period (if applicable), an active OnStar service plan is required. ♥ Based on GM Testing in accordance with approved Transport Canada test methods. Your actual fuel consumption may vary. ^ Whichever comes first. Limit of four ACDelco Lube-Oil-Filter services in total. Fluid top-offs, inspections, tire rotations, wheel alignments and balancing, etc., are not covered. Additional conditions and limitations apply. See dealer for details. ^^ Whichever comes first. See dealer for details.

Maritime lobster levy faces more delays

Fishing boats loaded with lobster traps head from the harbour in West Dover, Nova Scotia on Saturday. A promise from the three Maritime provinces to have a levy in place before the end of the year to support a marketing strategy for the region's embattled, $1-billion lobster industry is facing more delays. The levy, first proposed in a report over a year ago, would see lobster fishermen and the onshore side of the industry (such as processors) each pay one cent per pound of lobster caught to cover the cost of advertising campaigns and other strategies to promote their product, which has been plagued by slumping prices in recent years. The levy would cost the industry about $2.5 million annually, the Maritime lobster panel report said.

PHOTO: ANDREW VAUGHAN/THE CANADIAN PRESS; STORY: THE CANADIAN PRESS

$1.1B in unused funding for veterans 'not lost': Fantino

Lapsed funds over seven years. Veterns Affairs Minister Julian Fantino says money is recycled back into programs for veterans

Veterans Affairs Minister Julian Fantino THE CANADIAN PRESS

Veterans Affairs Minister Julian Fantino said Sunday the department's $1.1 billion dollars in unused funding over seven years is "not lost money."

The department was unable to spend more than $1.1 billion of its budget over seven years, and like other departments that are unable to spend their appropriation within the budget year, Veterans Affairs was required to return its unspent funds to the treasury.

But Fantino told a news conference in Halifax that the funding is recycled back into programs for veterans.

"That has taken on a life of its own. It's totally false in the context that it's been portrayed," said Fantino of the lapsed funding at a news conference announcing $200 million over six years to support mental health needs of military members.

Last week, veterans groups were demanding a detailed accounting of which programs had lapsed funding and why. They also accused Ottawa of using it as a deliberate strategy to balance the federal budget.

Last week, veterans groups were demanding a detailed accounting of which programs had lapsed funding and why.

They also accused Ottawa of using it as a deliberate strategy to balance the federal budget.

But Fantino said claims that the unused funds were a strategy to balance the budget are false.

"The funding is allocated and if it's not spent it's recycled back into continuing programs and services for veterans. It's not lost money," said Fantino.

THE CANADIAN PRESS

Additional $200M

Military mental health programs to get more funds

The federal government has announced $200 million over six years to support mental health needs of military members, veterans and their families.

The Department of National Defence and the Canadian Armed Forces also announced Sunday that an additional $16.7 million in ongoing funds will be available to support forces members, veterans, and their families.

Veterans Affairs Minister Julian Fantino told a news conference in Halifax that some of the money will fund completely digitizing the health records of all serving personnel, investing in brain imaging technology and extending access to Military Family Resource Centres.

"We will continue to focus on reducing the administration burden on veterans and their families while improving frontline services and medical support," he said at HMC Dockyard.

THE CANADIAN PRESS

BLACK FRIDAY
BEAT THE CROWDS!
ONE DAY ONLY
TUESDAY, NOVEMBER 25
SAVE 40%
on a **huge selection**
of regular priced men's, women's & kids' fashions, outerwear, footwear, cold weather accessories, intimates, sleepwear and handbags* with your Sears Financial™ Credit Card**
or
Save 30% with other forms of payment

Sears

Offer in effect Tues., Nov. 25, 2014, while quantities last. Valid in department stores only. *This savings offer excludes currently advertised items, clearance items, Outlet/Liquidation store purchases, items with prices ending in .97, Nygard SLIM, new collection arrivals, Columbia® outerwear, 49.99 Dockers® Signature Fit khakis, $45 Boulevard Club®MD dress shirts, Jockey® Denim Collection, men's 59.99 Levi's & Point Zero jeans and golf wear, women's Jockey brand, boxed bras & briefs, Liz Claiborne hanging bras & coordinates, women's hosiery & socks, '3 for' & '5 for' offers, jewellery, watches, luggage, Carter's®, OshKosh®, Tickle Toes, Skechers®, Columbia®, Sorel® & athletic shoes. **On approved credit. Sears Financial Credit Cards are also known as Sears Card, Sears® MasterCard® and Sears® Voyage™ MasterCard® and are issued by JPMorgan Chase Bank, N.A. © Sears Canada Inc., 2014. All rights reserved.
NE114G214

ALEX AN

LOVE | BEAUTY | INSPIRATION

ALEX AND ANI®

© 2014 ALEX AND ANI, LLC

Hacktivist crashes Ottawa websites

Anonymous.
Hacker group claims Barrhaven teen framed by police for 'swatting'

TREVOR GREENWAY
Metro in Ottawa

A hacker claiming to be with the loose-knit group Anonymous crashed the City of Ottawa and Ottawa Police websites over the weekend in a purported bid to clear the name of a Barrhaven teen charged with 60 offences related to "swatting."

A statement from the hacker distributed to media Sunday says the teen was framed for the crime and plans to release documents in the coming days to prove his innocence.

"We will not rest, we will not stop, until the police admit their mistake and drop all charges against the innocent youth," the group said in a statement read aloud by the teen's father during a press conference Sunday.

The teen's father, who cannot be named to protect his son's identity, showed reporters what he says are listening devices planted in his home by police. The father also had a Purolator box with a snap-together computer — a package he claims was sent by a man in New Jersey in an attempt to breach the teen's house arrest conditions. The hacker group also published the New Jersey man's name and address.

"My son has been framed, I have known that all along," said the father, explaining that on May 8, his son was arrested for "swatting" — allegedly making prank calls across North America that forced emergency response teams to be sent out under false pretenses. He says his son was arrested, but the Twitter account @probablyonion2 that police allege his son was using was tweeting an hour later.

The City of Ottawa website was targeted Friday afternoon, as users were brought to a screen with a dancing banana and a text message targeting an Ottawa police officer Joel Demore. The city of Ottawa website was back up Sunday, but the police website remained down all day.

The hacker group says it plans to take down the City of Toronto, Conservative Party and Parliament websites in the coming days.

Threat by text

"We can destroy everything. This is a flex of our power. Please, test us. You know what we want."

Text message from hacker to Ottawa police officer Joel Demore

The father (obscured to hide his identity) of a Barrhaven teen charged with offences relating to prank 911 calls speaks to reporters Sunday at Larkin Park in the Ottawa's south end. TREVOR GREENWAY/METRO

Two more lawsuits

NDP accused of stifling conflicts

Two more former NDP staffers who say they were unfairly dismissed have accused the party of trying to convince them not to file a complaint against the elected members who employed them.

Like Fabiola Ferro, who took legal action earlier this month, Bouchra Taibi and Melanie Bellemare have each filed lawsuits claiming wrongful dismissal.

THE CANADIAN PRESS

Kyle Sinclair

Soldier working on Coyote patrol vehicle at time of fatal incident

The military says a Canadian soldier who died at CFB Petawawa in eastern Ontario was doing mechanic work on an armoured vehicle when the incident that killed him occurred.

Canadian Forces spokesman Lt. Jean-Francois Carpentier says Craftsman Kyle Sinclair, 27, was working inside a building hanger on a lightly armoured Coyote patrol vehicle on Friday night, but wouldn't say exactly what happened.

He says Sinclair was rushed to an Ottawa hospital, where he succumbed to his injuries before midnight.

Sinclair joined the Forces in December 2012, was in a training program with The Royal Canadian Dragoons and belonged to 2 Service Battalion.

Prime Minister Stephen Harper and Defence Minister Rob Nicholson have both offered their condolences. THE CANADIAN PRESS

ND ANI®

Police stand guard during a demonstration outside the Ferguson Police Department, Sunday in Ferguson, Mo. Ferguson and the St. Louis region are on edge in anticipation of the announcement by a grand jury whether to criminally charge officer Darren Wilson in the killing of 18-year-old Michael Brown. DAVID GOLDMAN/THE ASSOCIATED PRESS

Ferguson awaits grand jury word

Residents on edge. Several businesses have put boards on their windows

Anxiety and speculation mounted Sunday in the St. Louis suburb of Ferguson as residents awaited a decision by a grand jury on whether to indict a white police officer in the shooting death of an unarmed black 18-year-old.

More than 3-1/2 months have passed since police Officer Darren Wilson killed Michael Brown after a confrontation in the middle of a street in Ferguson. The shooting triggered riots and looting, and police responded with armoured vehicles and tear gas.

The incident reignited debate over how police deal with young black men, and drew attention to racial tensions simmering in U.S. communities four decades after the civil rights movement of the 1960s.

Two-thirds of Ferguson's residents are black but the police force is almost entirely white.

Many in the St. Louis area thought a grand jury decision on whether to charge Wilson with a crime would be announced Sunday, based partly on a stepped-up police presence in the preceding days, including the setting up of barricades around the justice centre where the panel was meeting.

The grand jurors met Friday but apparently didn't reach a decision, and they were widely expected to reconvene on Monday, though there was no official confirmation of that.

Grand juries, composed of regular citizens, determine only whether probable cause exists to indict a suspect. If the jury indicts Wilson, a separate trial will be held to decide whether to convict or acquit him.

THE ASSOCIATED PRESS

28 dead

Kenyan deputy president slams extremist killings

Kenya's deputy president Sunday denounced the killing of 28 bus passengers by Islamic extremists and said the nation's military responded by killing more than 100 militants in Somalia.

William Ruto, speaking on a national broadcast, said Kenya is a target of international terrorist groups, including Somalia's al-Shabab, which is linked to al-Qaida. He said Kenya's security forces will protect citizens, including by raiding mosques.

THE ASSOCIATED PRESS

Iran. Muslim clerics meet to counter extremists

Shiite and Sunni clerics from about 80 countries are gathering in Iran's holy city of Qom to develop a strategy to combat extremists including the Islamic State of Iraq and the Levant (ISIL), which has captured large parts of Iraq and Syria.

Ayatollah Nasser Makarem Shirazi, the chief organizer of the conference, appealed for consensus among Islam's two main branches, urging them to expose extremist ideology as absurd and to discredit groups espousing it.

Other speakers at the two-day conference blamed the U.S. and Israel for the creation of ISIL, saying it was formed to position "Islam against Islam."

Participants sit in an anti-extremism conference on Sunday in the city of Qom, 125 kilometres south of Iran's capital of Tehran. THE ASSOCIATED PRESS

ISIL is widely seen as a threat to Islam because it resorts to barbarism and brutal massacres in the name of the religion. THE ASSOCIATED PRESS

ALEX AND ANI®

Anti-corruption rules may hurt economy

New federal rules that threaten to ban companies convicted of crimes from public contracts could kill jobs and hurt the Canadian economy, warns a study conducted for a powerful business group.

The report lists the potential consequences of Ottawa's so-called integrity framework, a measure strengthened last spring to disqualify would-be suppliers busted in Canada or abroad for offences such as fraud, bribery and extortion.

The companies would face a 10-year ban, or debarment, from vying for the often-lucrative procurement deals offered through the government's primary contracting department: Public Works.

But such bans would not only inflict damage on suspended firms, they also risk "far-reaching harm" on Canada's economy, says the study, commissioned by the Canadian Council of Chief Executives.

The report was one of two research documents the council forwarded to Public Works last week. The department says its officials are reviewing both reports.

"Debarment imposes a direct cost on the debarred firms, but also on innocent parties and society at large," says the report, which explores the potential economic effects of the framework.

The analysis explored possible scenarios, concluding that annual sales for a typical disqualified company would drop by $351 million and force it to fire more than 400 Canadian workers. THE CANADIAN PRESS

From left, Grade 11 student Doris Do, Jennifer Reynolds, CEO of Women In Capital Markets, and Grade 10 student Susan Sun during SheBiz. TORSTAR NEWS SERVICE

Getting girls to lean in

SheBiz. Daylong event had women in business teaching teen girls about possible leadership opportunities to pursue

National conversation

This year's event comes amid a national conversation about boosting the profile of women in Canadian business. In mid-October, Canada's biggest stock market regulators issued new rules requiring public companies to explain how many women they have on their boards and in executive roles, as well as what they are doing to recruit them. The Ontario Securities Commission spearheaded the initiative.

Last week, Doris Do didn't know what a consultant was.

Today she knows — and she might even want to be one someday.

She likes what she's heard about what the profession has to offer — namely, the potential for travel, moving up the corporate ladder, and the pay. "It sounds really interesting," the Grade 11 student at Harbord Collegiate Institute says.

Do was among more than 300 high school students — girls in Grades 9 to 11 — who attended SheBiz on Friday.

At the daylong event, held at the Desautels Hall at the Rotman School of Management at the University of Toronto, girls learned about careers in business, especially in fields such as consulting, accounting, finance and technology.

They listened to guest speakers, worked through a case study and played a trading game that teaches about finance and the stock market. Most importantly, they learned about the business world from women who are already working in it. TORSTAR NEWS SERVICE

VAPEXCAPE
ALBERTA'S PREMIUM SUPPLIER OF ELECTRONIC CIGARETTES, E-LIQUID AND ACCESSORIES.
SPECIALIZING IN AUTHENTIC MODS AND COIL BUILDS.
COME AND SAMPLE OVER 200 FLAVOURS OF E-LIQUID, IN 15 DIFFERENT PREMIUM BRANDS.
KENSINGTON 403 460.0543 103, 207 14 ST NW
LETHBRIDGE 403 942-0244 1249 - 2 AVE A NORTH
STRATHMORE 403 950-1288 #2 128 - 3 AVE
PACIFIC PLACE MALL 403 650-1288 999 - 36 ST NE
RED DEER 587 273-0244 #9 4801 - 51 AVE
VAPEXCAPE.CA
vicinity

Earn travel rewards up to 4x faster.[1]

No annual fee for the first year. Plus, get 20,000 bonus points, **good for $200 in travel.[2]**

With the Scotiabank®* Gold American Express® Card, you'll enjoy the freedom and flexibility to redeem points before or after your trip with no blackouts, seat restrictions or booking fees.

www.scotiabank.com/4xfaster

You're richer than you think.®*

Scotiabank®*

®* Registered trademarks of The Bank of Nova Scotia. ® American Express is a registered trademark of American Express. This credit card program is issued and administered by The Bank of Nova Scotia under license from American Express. [1] You will earn 4 points per $1 on the first $50,000 in purchases made annually at American Express merchants classified in the American Express network as: Gas Service Stations (with or without Ancillary Services and with Merchant Code: 5541) and Automated Fuel Dispensers (Merchant Code: 5542); Grocery Stores and Supermarkets (Merchant Code: 5411); Eating Places and Restaurants (Merchant Code: 5812), Drinking Places (Alcoholic Beverages) including Bars, Taverns, Nightclubs, Cocktail Lounges, and Discotheques (Merchant Code: 5813), Fast Food Restaurants (Merchant Code: 5814); Entertainment including Motion Picture Theaters (Merchant Code: 7832), Theatrical Producers (except Motion Pictures) and Ticket Agencies (Merchant Code: 7922), Bands, Orchestras and Miscellaneous Entertainers – Not Elsewhere Classified (Merchant Code: 7929). Some merchants may sell these products/services or are separate merchants who are located on the premises of these merchants, but are classified by American Express in another manner, in which case this added benefit would not apply. You will earn 1 point per $1 on purchases made after you have reached the 4 points per $1 $50,000 annual spend maximum and on all other purchases made with the card. Points are not awarded for cash advances, Scotia Credit Card Cheques, Scotia Rewards Dollars, returns, payments, casinos and gambling, annual membership or card fees, interest charges or service transaction charges. [2] The introductory annual fee waiver only applies to the initial annual fee for the primary and additional cards. The Scotiabank Gold American Express Card regular interest rate is 19.99% for purchases. For cash advances, balance transfers and Scotia Credit Card Cheques the interest rate is 21.99%. The regular annual fee is $99 per year for the first card issued on the account; additional cards are charged an annual fee of $29 per year per card when issued regardless of card activation and will be billed to your first statement and once a year thereafter. Any additional cards must be issued by February 28, 2015, to qualify for the offer. The 20,000 Scotia Rewards bonus points are awarded when you use your Scotiabank Gold American Express Card for at least $1,000 in net purchases posted to your account in the first three months from the account open date and provided the account is open and in good standing. Net purchases are defined as the cost of goods and services purchased on your credit card account, less amounts credited for refunds on such purchases. The points will appear as an adjustment on your Scotiabank Gold American Express Card statement within two statement cycles after the third billing cycle has passed. Offer applies to new accounts opened by February 28, 2015. Rates and fees are as of September 1, 2013 and are subject to change without notice.

VOICES

MORE THAN JUST COFFEE

The House Coffee Sanctuary in Kensington is closing next month. Many homeless Calgarians found acceptance there, as did people struggling with addictions. It also collaborated with local agencies to provide employment experience for those who needed it.

JEREMY KLASZUS
calgary@metronews.ca

It's tough to see a beloved community hub disappear.

Last week, The House Coffee Sanctuary in Kensington announced it will close mid-December after a 13-year run in the neighbourhood. A combination of factors, including a landlord change, brought this about.

At first glance, the closure is not particularly noteworthy. Coffee shops come and go all the time. That's life. Things change.

But this bit of news gives me pause. My first job in Calgary was pulling espresso shots at the House.

As an inner-city endeavour financed by a suburban Christian megachurch (First Alliance), the House was always an unusual outfit. The religious connection made some folks uncomfortable. The House wasn't perfect. But it was a place where many people found community and connection.

"That was part of our DNA — to be a place of community for those who might not have community elsewhere," says Derrick Mitchell, who managed the shop for most of its existence (he left in June).

Just as the corner market in my neighbourhood is more than a store thanks to a strong community vision, the House was more than a coffee shop. Where other shops would say "move along" to unusual characters (bad for business!), the House said "come in."

For some, that policy of welcome became a lifeline.

Many homeless Calgarians found acceptance there, as did people struggling with addictions.

"The 'sanctuary' part of our name is a big deal," says assistant manager Josh Albers.

Community vision

"Just as the corner market in my neighbourhood is more than a store thanks to a strong community vision, the House was more than a coffee shop."

The House also collaborated with local agencies to provide employment experience for folks who needed it.

Others practically lived at the House. Take Michael, for example. Michael started coming to the House after suffering a brain injury, and has returned almost daily for more than 12 years.

As sure as the sun sets in the west, Michael is in his chair by the window, devouring some tome of philosophy.

Now he won't be. It's hard to imagine his chair empty and gone.

When I spoke separately with Albers and manager Jenessa McAuley, they used the same word to describe what regulars at the House now face: displacement.

That might seem like too strong a word, but it's not.

As things wind down, McAuley and Albers want to emphasize the importance of community hubs such as the House. "These types of spaces are crucial for communities," says McAuley.

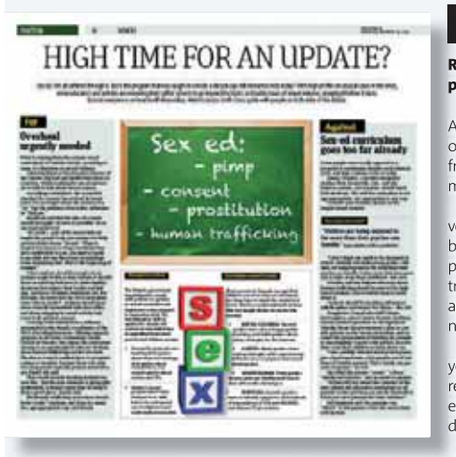
Nowadays, there are plenty of trendy new businesses opening up in Calgary. Fancy restaurants, hip coffee shops, high-end stores — all indicators of our still-thriving economy.

But amid these changes, are we creating spaces of welcome? Recently, I was outside one of my favourite shops when a staff member stepped out and told an inoffensive panhandler to move along: "You can't be here."

"You can't be here" is not the kind of city I want to live in.

The House will be missed. We need more places like it.

The House Coffee Sanctuary in Kensington was more than a coffee shop. COURTESY ISTOCK



Letters

RE: High Time for an Update column, published Nov. 19, 2014

A recent article in your paper sparked talk around our office here at Children of the Street Society. (We) provide free education in B.C. schools about forced prostitution of minors for students (from) grades 5, up to Grade 12.

Sexual exploitation and human trafficking can be a very sensitive topic for some and because of that we believe that teachers should not be responsible for providing this education, primarily because they are not trained to do so. Nor are they trained on how to deal with any disclosures that may come after education of this nature.

Instead organizations like ourselves, using a youth-to-youth model, should be funded provincewide as a safe resource to educate the young people. This type of education needs to be age-appropriate and needs to be done in a manner that is relevant for youth. Although we get this conversation started in the classroom, parents also need to be involved in their kids' lives.

What we as a society need to realize is this: Pimps and traffickers are getting to youth as young as possible; the average age of entry into the sex trade in Canada is 13 years old. Is it not important that we give this information to youth, in a healthy and safe manner, before the predators do?

We need to discuss sexual exploitation and human trafficking with students as young as possible to give them the tools they need to make informed decisions as they go on in life. **Kev Lescisin, program co-ordinator at Children of the Street Society, Coquitlam, B.C.**

RE: MADD again aims to raise impaired-driving awareness , published Nov. 14 -16, 2014

Impaired driving seems to be on every one's mind at this time of year. It should be of interest all year.

I am a Past President of the Alberta Hotel Association and Past Vice President of the Hotel Association of Canada and a past Director of the Canadian Restaurant and Food Services Association. I have been involved in the Hospitality Business for 45 years. I can say with a great deal of confidence that all these groups are very opposed to impaired drivers. It is these groups that recognized the problem of impaired driving long before other groups.

Here is one idea that would lead to a partial solution. Extend the transit system hours of operation. Business that close after midnight have no public transit for their staff or customers. Now they are forced to wait hours for a taxi, friend or drive themselves.

I have not done a study on other large cities in North America but my bet is most have public transit that operates beyond night club or bar hours.
Al Browne, CHA

WE WANT TO HEAR FROM YOU
Send us your comments:
calgaryletters@metronews.ca

metro
Star Media Group President John Cruickshank • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Vice-President & Editor-in-Chief, Metro English Canada** Cathrin Bradbury • **National Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Calgary** Darren Krause • **Managing Editor, Features** Amber Shortt • **Managing Editor, Canada, World, Business** Matt LaForge • **Managing Editor, Life & Entertainment** Dean Lisk • **Distribution Manager** David Mak • **Vice President, Content & Sales Solutions** Tracy Day • **Vice-President, Sales** Mark Finney • **Vice-President, Finance** Phil Jameson • **METRO CALGARY** Unit 120, 3030 - 3 Avenue NE, Calgary, AB T2A 6T7 • **Telephone:** 403-444-0136 • **Fax:** 403-539-4940 • **Advertising:** 403-444-0136 • adinfocalgary@metronews.ca • **Distribution:** calgary_distribution@metronews.ca • **News tips:** calgary@metronews.ca • **Letters to the Editor:** calgaryletters@metronews.ca

BUY A CAR, DON'T PAY UNTIL NEXT YEAR

2013 GRAND CHEROKEE LAREDO

4WD, V6 POWER SEAT, ALLOY WHEELS, KEYLESS ENTRY, MUCH MORE

$29,995

2009 PONTIAC MONTANA

3.9L V6, GREAT VALUE ONLY 102,000 KMS

$7,995

2011 DODGE GRAND CARAVAN SE

3.6L V6, GREAT PKG PRICED RIGHT AT

6 TO CHOOSE FROM

$10,995

2010 DODGE RAM 1500 SPORT

NAVIGATION SYSTEM

FULLY LOADED

$23,599 OR $98/WK

2011 HYUNDAI SANTA FE GL

LOW MILEAGE

AWD

$18,995 OR $98/WK

2014 DODGE GRAND CARAVAN SXT

DVD, BACK UP CAMERA

ONLY 8,200KMS

$23,995

2012 NISSAN TITAN PRO 4X4

5.6L, V8, 5 SPEED AUTO, LOW KMS

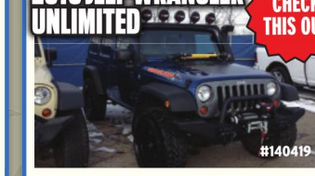
RARE IMPORT

$26,995 OR $111/WK

2006 RAM QUAD CAB 2500 4X4

WILL WHOLESALE TO THE PUBLIC, MAKE AN OFFER!

2010 JEEP WRANGLER UNLIMITED



CHECK THIS OUT

LOADED, LIFTED, AND A TON OF EXTRA'S 44,000 KMS

$28,995

2014 RAM 3500 LONGHORN CREW CAB 4X4

FULLY LOADED DIESEL MSRP $86,500

$69,995 OR $450/BW

2013 DODGE DURANGO CREW PLUS

5.7L V8 HEMI, 7 PASS LEATHER, SUNROOF, NAVI, DVD, BACK UP CAMERA

$245/BW

2008 JEEP RUBICON

3.8L V6, 6 SPEED MANUAL

$15,995 OR $145/BW

2007 HONDA PILOT EX-L 4WD

LEATHER, SUNROOF, MUCH MORE!!!

$15,995 OR $115/WK

2013 BMW X5 - CERTIFIED

LOADED, ONLY 40,000KMS

LUXURY SUV

$54,995 OR $197/WK

2013 JEEP WRANGLER UNLIMITED SAHARA

4X4, FULLY LOADED, HEATED SEATS, BLUETOOTH, 6-SPEED MANUAL

$89/WK

RENFREW 80 Years
DODGE CHRYSLER Jeep RAM FIAT
YOUR DOWNTOWN CHRYSLER CONNECTION

1920 PUMPHOUSE AVE SW

RENFREWCHRYSLER.COM

1.888.861.7964

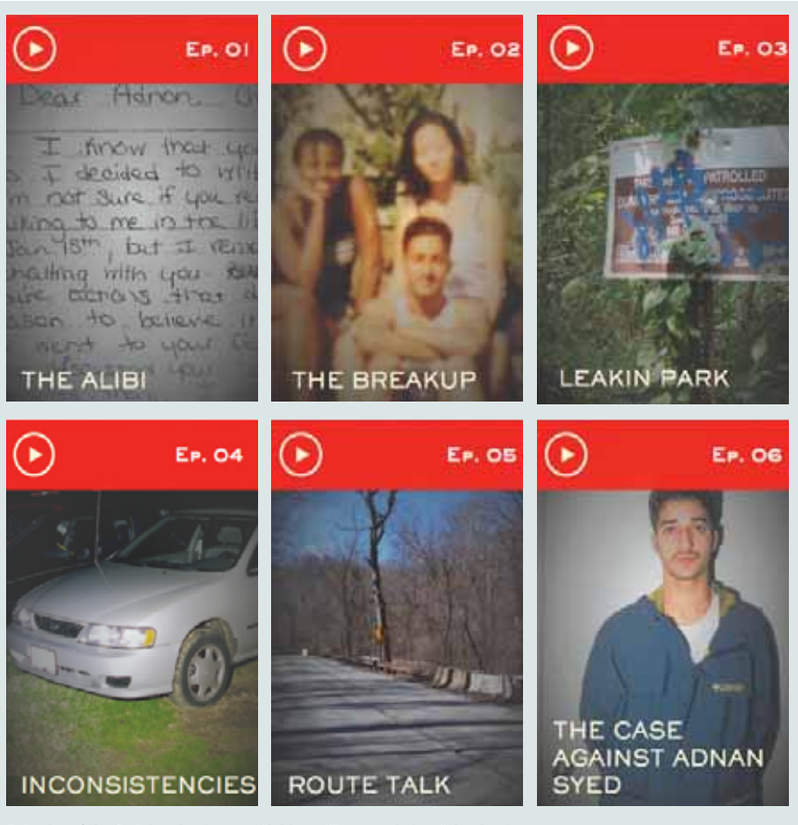
SEE ALL INVENTORY ON OUR WEBSITE

Pricing does not include GST. Vehicles may not be exactly as shown. $0 Down, 5.99% interest rate, OAC, Qualifications 2014 & 2015 – 96 mths, 2012 & 2013 – 84 mths, 2010 & 2011 – 72 mths, 2007 to 2009 – 60 mths, #11230 OAC (4.99%, 96 MONTHS, COB $6571 AND TOB $37302. See Dealer for details.

CarProof VEHICLE HISTORY REPORTS SIRIUS SATELLITE RADIO

Teen lovers' murder mystery captivates the world by podcast

Online. Passionate fans debate weekly series that casts doubt on guilt of Maryland teen jailed for killing and burying girlfriend



Episodes of the Serial podcast are available on iTunes and at serialpodcast.org. SCREENSHOT: SERIALPODCAST.ORG

For 15 years, nobody outside Maryland cared much about the murder of a South Korean-born high school teen, supposedly at the hands of her ex-boyfriend, the son of Pakistani immigrants.

Now, it seems, everyone does. The perplexing tale of Hae Min Lee and Adnan Syed is at the heart of Serial, an hour-long weekly podcast that's become an unlikely global Internet phenomenon.

Fans speak of being "addicted" and "obsessed" with the program. Those who caught the bug early can't wait for Thursdays, when fresh installments drop. Latecomers binge on past episodes.

It's been downloaded more than five million times from Apple's iTunes store, where it's a Top 10 hit in the United States, Canada, Britain, Australia, India, South Africa and Germany. It can also be heard on the show's website at serialpodcast.org.

Between episodes, chatter rages on social media. Reddit hosts an exhaustive Serial discussion board. Bloggers speculate who's telling the truth — and who might not be.

Serial is a spinoff from This American Life, a long-running U.S. public radio series that's famous for its quirky topics and laid-back storytelling style.

Its runaway success — as a podcast, no less — has taken its creators by surprise.

"We kind of expected to be in the sleepier realms of the podcast world," says senior producer Julie Snyder. "We were hoping for good numbers. But we were not at all expecting so many people listening and writing about the show, and having a lot of interest about the show. And it's international. We didn't plan for that at all."

Serial comes across as part investigative journalism, part police procedural, part soap opera, with a nod to the 19th-century serialized novels of Charles Dickens and Emile Zola.

Hae and Adnan — everyone in Serial is called by their first name by narrator and journalist Sarah Koenig — are high school sweethearts who keep their love a secret from their conservative immigrant families. In the opening episodes, both come across as bright all-American teenagers — popular, getting good grades, holding down part-time jobs, looking forward to prom night.

But when romance turns to breakup, Adnan, overcome by anger, strangles Hae and, with a pal, buries her in a shallow grave, where a passerby finds her three weeks later.

At least, that's the version prosecutors gave jurors at a six-week trial that ended with Adnan getting a life sentence in a Maryland penitentiary, where he remains at the age of 32.

Koenig revisits the case in forensic detail — interviewing witnesses who sometimes contradict themselves, pursuing neglected leads, chatting regularly by phone with the imprisoned Adnan, who maintains he is innocent.

It's unclear whether Serial might turn up fresh material to compel judicial authorities to reopen the case — but Snyder says that's not the point.

"We've said from the beginning that we don't know where it's going to end," she added.

Serial is likely to run 12 episodes overall, but the producer cautions: "We don't know for sure, because we are still doing the reporting." AFP

Quoted

"We were not at all expecting so many people listening and writing about the show. And it's international."

Julie Snyder, senior producer of Serial

GIFT TO YOU
SALES EVENT
WITH RATES AS LOW AS
0%
FINANCE± OR LEASE≠ OFFERS
ON SELECT MODELS
2014 NISSAN
FRONTIER SV
4WD, BLUETOOTH, PRIVACY GLASS
$27,469
30 AVAILABLE
$500 OFF ANY NEW OR USED VEHICLE
COUPON EXPIRES NOVEMBER 29, 2014.
BLACK FRIDAY Sale NOV 28TH | $100 OVER INVOICE ON ALL NEW AND USED VEHICLES. ONE DAY ONLY! - OVER 1000 PRE-OWNED TO CHOOSE FROM
OKOTOKS NISSAN
403-842-2100 — OKOTOKSNISSAN.COM — 100 Woodgate Road, Okotoks
CONDITIONS APPLY. ±REPRESENTATIVE FINANCE OFFER BASED ON A NEW 2015 ALTIMA 2.5 CTV (T4LG15 AA00). SELLING PRICE IS $25,027 AT 0% APR EQUALS 48 BW PAYMENTS OF $481 FOR A 24 MTH TERM. $0 DOWN PAYMENT REQUIRED. C.O.B. IS $0 FOR A T.O. OF $25,027.
≠REPRESENTATIVE LEASE OFFER BASED ON A NEW 2015 ALTIMA 2.5 CTV (T4LG15 AA00). 0% LEASE APR FOR A 24 MTH TERM EQUALS 48 SEMI-MONTHLY PAYMENTS OF $235 WITH $0 DOWN PAYMENT, AND $0 SECURITY DEPOSIT. FIRST SEMI-MONTHLY PAYMENT, DOWN PAYMENT AND $0 SECURITY DEPOSIT ARE DUE AT LEASE INCEPTION. LEASE BASED ON A MAXIMUM OF 20,000 KM/YEAR WITH EXCESS CHARGED AT $0.10/KM. LEASE T.O. IS $11,282. $500 NF LEASE CASH INCLUDED IN ADVERTISED LEASE OFFER. THESE OFFERS VALID FROM NOV. 1 - DEC. 1, 2014.PRICES AND PAYMENTS INCLUDE FREIGHT, PDI AND FEES. ERRORS & OMISSIONS EXEMPT. VEHICLES MAY NOT BE EXACTLY AS SHOWN. SEE DEALER FOR DETAILS.

Natalie Dormer ALL PHOTOS GETTY IMAGES

The naked truth: Natalie wants GOT's nudity imbalance to be righted

The HBO hit Game of Thrones isn't known for modesty when it comes to nude scenes, but at least one of the show's stars thinks there's some imbalance in exactly what flesh is on display.

Simply put, Natalie Dormer wants to see more man meat next season. "Well, during the first season, (co-stars) Alfie (Allen), Richard (Madden) and several of the men got naked — although not all the way," Dormer, who also stars in the new Hunger Games movie, tells The Daily Beast.

"I think Thrones has been better than your average show with the equality, but they could definitely ramp it up. Absolutely." Should we start a petition or something?

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Gwyneth gives Martha a taste of her own recipe as war heats up

NED EHRBAR
Metro in Hollywood

In possibly the most stuffy, Hamptons-bred move yet, Gwyneth Paltrow and Martha Stewart have apparently decided they're going to play out their ongoing feud with the WASP-iest weapon of all: clever recipes.

Last month, Stewart presented a selection of holiday pies in her magazine with the headline "Conscious Coupling," an obvious dig at Paltrow's awkward divorce announcement.

So Paltrow's camp has now fired back by posting a recipe on Goop for "Jailbird Cake," apparently a dig at Stewart's time behind bars.

"The folks at Goop know how to have some fun, too," a source tells People magazine. "If Martha served up the appetizer, the Jailbird Cake is just desserts."

But hey, at least if they keep fighting, we'll keep getting delicious dessert recipes.

Bette Midler

Midler says 'specialness has rubbed away' from the gay community

Gay community: Bette Midler loves you, but you're bringing her down. You're just not interesting enough anymore.

"The extreme characters you used to see in the Village in the old days, you just don't see them anymore," Midler tells the Advocate. "I really do miss them, because there was a feeling I used to get that people were expressing themselves in the most elaborate of ways. Now the (gay community) has kind of gone mainstream. It's sort of ordinary now, and a little bit of the specialness has rubbed away." Man, after Zachary Quinto's recent comments in Out, this is a great month for criticizing the gay community as a whole, isn't it?

28th Annual
FESTIVAL OF CRAFTS
BMO Centre, Stampede Park
NOV 27 - 30
THURS & FRI 10-9
SAT 10-6 • SUN 10-5
Festival of Crafts
Art & Craft Sale
Love the gifts you give
Knittles Knitwear, Divina Denuevo, Constantine Designs & Laura Van Der Linde Pottery
SHOP Canadian Handmade from over 250 Artisans!
festivalofcrafts.ca
Global Calgary
calgaryherald.com
COBS BREAD
Country 105
Adults $7, Seniors (65+) & Youths (13-17) $5, Kids FREE

FREE Gift for the first 100 shoppers
to stop by Customer Service on
Friday November 28 @ 9am &
Friday November 28 @ 6pm &
Saturday November 29 @ 9am
One gift per customer for the entire promotion
BLACK FRIDAY
WEEKEND EVENT
Friday November 28
Saturday November 29
Sunday November 30
$AVE BIG
HUNDREDS OF HUGE DEALS!
marlboroughmall
Memorial Drive & 36th St NE 403.272.9233
@marlboroughmall | marlboroughmall.com

LIFE 3

Don't be a drifter when it comes to life — and your debt

Take charge. Sure, it takes a lot more work to pick up the paddles and refuse to go with the flow, but the payoffs are plenty

GAIL VAZ-OXLADE
Gail blogs daily at gailvazoxlade.com

It can be easy to not have a clear idea of who we are or what we want, but drum up the courage to decide what you really want in life. ISTOCK

Have you ever caught yourself thinking, "This just *cannot* go on!"? You know that wherever you are now is not where you want to be. You know it. Yet you do nothing to change.

People spend a lot of time thinking about how their lives could be different. They wish they could escape from whatever trap they feel caught in. Are you in debt? Are you working a crappy job? Is your home life just miserable? So, what are you going to do about it?

You could let your mind wander to a better place. You could wish. You could get angry ... at yourself, at your boss or co-workers, at you partner. Or maybe you just get sad.

If you've experienced this sense of not moving forward, this sense of drifting through your life, you're going to have to decide if this is what you want the rest of your life to be like — or *not*.

Young people often experience this sense of not heading where they want because they've done a lot of what they've done simply to meet the expectations of their parents, teachers, or other influencers.

There are the people who get married early because that's how it's done in their family or in their culture. There are the people who head into careers they have little interest in because someone else thought it was a good choice. And there are the people who buy a home, taking on debt they're not psychologically prepared to deal with, simply because "only losers rent."

While approval from the people you love and admire may be important to you, it's not enough to keep you happy. For that, you actually have to figure out what *you* want. You have to clearly see it. And then you have to do whatever it takes to make it so.

One of the biggest lessons I've learned on my life journey is that I can only be happy when I am being Gail. In my younger days, I worked hard to meet other people's expectations — and failed miserably — so I figured out that I'd rather be disliked for the person I am than for the person I'm pretending to be. I got real. And now if a body doesn't like me, oh well.

The tendency to be unclear about who we are and what we want goes for just about everything else in life. If you drifted into a marriage, drifted into a job or career, drifted into a new home, all because it was what came your way, it may be time to take your life back.

What are you passionate about? What do you love? What do you hate? What makes you happy? What makes you sad? Who inspires you, and why? What do you wish was different about your life?

Very often we send ourselves signals that can help us decide what it is we really want so we can get focused. It may be a book you read that strikes a cord or a conversation you have with a friend. Just as often, we push those signals aside without paying attention and we miss our cue.

Take heart. Another will come along. It may be a touch of envy that makes you sit up and pay attention to what you think is missing in your life.

It may be a daydream, an "I just wish I could" moment, that you can catch and study.

Or you may find yourself getting really P.O.'d because what you're doing is pointless and unsatisfying and you really hate Monday mornings.

If whatever you're doing used to work for you, but you've changed and it no longer does, you need to rethink what's really important. And if you feel you have to stick with whatever it is because you've invested so much energy in a particular direction that changing course now would be "a waste," give your head a shake. Don't be so settled, so habituated to your life, that you end up caught in the honey of a life you really don't want.

It's time to be brave, to figure out what you really want and then drum up the courage to make it so. Try. And try again. Talk about your dreams with your friends and family. Set a goal. Set another goal. Make the life you want.

Drifting is always about going with the current and it takes less effort than heading in a defined direction.

Just look at all the people who wish they weren't in debt! Sure, if you're drifting you'll keep moving, but you'll also be dependent on the direction of the current, and susceptible to the tides and eddies of life. If you're ready to pick up the paddles, you can go anywhere you want.

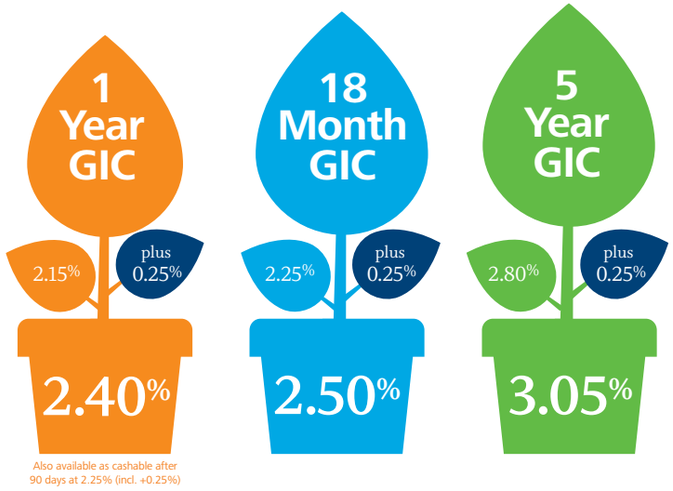
WANT TO BE SMARTER ABOUT YOUR MONEY? GO TO MYMONEYMYCHOICES.COM AND FOLLOW THE ROADMAP TO SUCCESS.

Adventure!
Teach English Overseas
> TESOL Certified in 5 Days
> In-Class or Online
> No Degree Required!
1.888.270.2941
Job Guaranteed!
Next in-class course: Dec. 17th - Dec. 21st 2014.
Next Seminar: December 11th, 2014 @ 7pm
Travelodge University Hotel - 2227 Banff Trail NW
www.globaltesol.com
GLOBAL TESOL COLLEGE

Your opinion matters!
Share your opinion on ads that run in Metro by joining the RAM panel at metronews.ca/panel.
Go to metronews.ca/panel and join today
metro

You'll love the extra 0.25% we've added to *all* our GIC rates

Available to *all* customers until December 19, 2014, for the entire term.



Also available as cashable after 90 days at 2.25% (incl. +0.25%)

Whatever you're saving for, keep your money safe with us. Our full range of GIC options and no-fee savings account let you find the solution that's right for you. Together with eligibility for CDIC coverage† and service that puts you first, saving with Oaken is second to none.

To find out more about some of the highest savings rates in Canada, call **403-692-4740** or visit **oaken.com**

Ask us about our Mobile Deposit Specialist!

Oaken™ FINANCIAL

Plant for your future™

Rates are correct as at November 24, 2014, and subject to change. The additional 0.25% rate applies to all GICs booked between October 6 and December 19, 2014. The 1 Year, 18 Month and 5 Year GICs are non-redeemable, interest is paid annually or compounded annually and paid at maturity, minimum deposit $1,000. The Cashable GIC is based on a 1 year term and redeemable after 90 days, interest is paid at maturity, minimum deposit $1,000, not available for registered plans. †CDIC coverage up to applicable limits.

10655 Southport Road SW, Suite 920, Calgary, AB T2W 4Y1

Oaken Financial is a trademark of **Home Trust, member of CDIC**

OakenFinancial @oakenfinancial

You say potato, I say Sloppy Joe

Guaranteed family hit. Here's a spuddy twist on the quick and easy dinner classic

ROSE REISMAN
For more, visit rosereisman.com or follow her on twitter @rosereisman

This recipe serves six. ROSE REISMAN

Sloppy Joes have been around since the 1950s. Legend has it that a cook named Joe at a café in Sioux City, Iowa, added tomato sauce to his loose meat sandwiches and the "sloppy joe" was born!

Traditionally, the dish is prepared with ground beef, onions and tomato sauce and is served on a hamburger bun.

I stepped it up a notch by serving it over a baked potato and adding an array of garnishes to it.

I add a spicy diced sausage to enhance the flavour of the meat. If you have the time, you can always bake the potatoes at 450 F for about 45 minutes or just until tender for a crispier skin.

Guaranteed to be a No. 1 favourite with kids and families!

Ingredients

- 6 medium baking potatoes
- 1 cup finely diced onion
- 1 1/2 tsp finely chopped garlic
- 1 tsp vegetable oil
- 12 oz extra-lean ground beef
- 4 oz spicy beef sausage, casings removed, diced
- 2 cups tomato pasta sauce
- 1 1/2 tsp dried basil
- 1 tsp chili powder
- 2 tbsp grated Parmesan cheese
- 2 tbsp chopped fresh basil

Garnish

- Choice of grated cheddar, light sour cream, chopped tomatoes and cilantro or basil

Nutritional information

Per serving	
• **Calories.** 435	• **Total fat.** 14.2 g
• **Carbohydrates.** 56.6 g	• **Saturated fat.** 4.7 g
• **Fibre.** 6.8 g	• **Cholesterol.** 69 mg
• **Protein.** 29.3 g	• **Sodium.** 273 mg

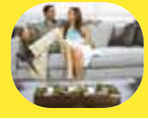
Directions

1. In a medium saucepan, lightly coated with cooking spray, add the onion, garlic and oil. Sauté for 5 minutes or until the onion begins to brown. Add the beef and sausage and cook for 5 minutes or until no longer pink, breaking apart the meat with a wooden spoon.

2. Add the tomato sauce, dried basil and chili powder. Cover and simmer for 15 minutes, stirring occasionally. Garnish with Parmesan cheese and fresh basil.

3. Meanwhile, clean the baking potatoes, leaving the skin on. Pierce the potatoes with a fork throughout. Microwave on High for 8-12 minutes, or until tender. Cut in half lengthwise and divide sloppy Joe mixture over top. Add garnishes of your choice.

NEED COOL DESIGN TIPS?
Read metrohome every Thursday.



CIVIC
DOWNTOWN CALGARY'S newest event space
50-500 person capacity. Perfect for banquets, presentations, seminars & private dining.
CIVICONTHIRD.com

Are you experiencing deskpression? Maybe it's time to turn in your notice

Career. Signs that it's time to leave your nine-to-five for a freelance gig

MARIANNE HAYES
Metro in New York City

If going into the office every day leaves you less than thrilled, you're not alone. In fact, Gallup's 2013 State of the American Workplace study found that 70 per cent of those polled described themselves as disengaged at work.

It seems fitting that a record number of workers are taking the plunge from cubicle dweller to full-time consultant. The truth is that more and more working-aged people — particularly millenials — are trading corporate nine-to-five jobs for the freelance life. Just how many? According to the Freelancers Union, one in three Americans currently works as a freelancer.

Read on for the telltale signs that it might be time to say so long to your nine-to-five gig.

Going to work feels like a chore

If you hate your job, it might be the universe telling you that you're not cut out for your current position.

After spending years as a classroom teacher who freelanced on the side, I eventually got to the point where I felt more personally fulfilled and excited by my side gigs.

In other words, I was kind of starting to hate going to work. I took this as a sign that it was time to bow out of the school system and start doing what I loved. Many freelancers are nudged into self-employment in much the same way.

"I wasn't satisfied with my content job at an Internet company, and I felt like my work was holding me back from accomplishing my main personal goal — to become a professional, full-time writer," said Stefan A. Slater, a 26-year-old freelance writer who stepped out of corporate life in 2012.

Leaving the security of a full-time job can be scary, but you have to ask yourself: Am I doing the job I always dreamed of doing?

We've all experienced the workplace blues, but if negative emotions are getting the best of you each and every day, you might consider contemplating another career path. ISTOCK

You daydream about making your own work schedule

On Friday morning, I'll get up at 6 a.m. and work on projects for a few hours before heading over to my daughter's preschool for a Thanksgiving feast. I didn't have to request time off to do this; I simply built my workflow around it. Having the freedom to create your own work schedule is perhaps the greatest advantage of freelancing.

"At my last job, I felt a lot of pressure to be in the office, even though I could do my work from the bottom of the sea if necessary," said Vanessa McGrady, who just left a full-time office job for the freelance life. She currently writes a personal finance column for Forbes.com.

McGrady says that she treasures her flexible time, which allows her to go to yoga in the middle of the day and spend more time visiting family and friends.

"It's scary, not having that magical paycheque, but I think that just makes me work harder," said McGrady.

Your job isn't safe

Those of us with serious job security may find the prospect of self-employment a bit scary. For Dan Spalding, a PR consultant who left his nine-to-five as a corporate communications director in 2009, rumours of impending layoffs were what pushed him to go his own way.

"I wasn't going to be affected, but I knew some of my friends were," said Spalding, founder of Spalding Communications. "I wasn't exactly ready to step out into my consulting business, but I knew it would not be fair for the company to lay people off and keep me on, only to tell them in a few months that I was leaving to build my consultancy."

By stepping out when he did, Spalding ended up saving another employee's job. The act of decency paid off — Spalding's former employer signed on as one of his first clients.

CAREER FINDER

Hiring

Our Sage Hill, Calgary Walmart Supercentre is opening soon!

We are hiring for all full-time and part-time positions, as well as management roles. We'd love for you to join our team!

Please apply online, at: www.YourWalmartCareer.ca

What makes working at Walmart so great?

- annual incentive bonus
- comprehensive training program
- opportunities for advancement

Your spark makes us Walmart

Full-Time Drivers: Earn $25/hour

Year-round work driving various vehicle types including school bus and coach. Class 2 drivers preferred, but will train Class 5's.

If you have a safe driving record, good customer service skills and knowledge of Calgary and surrounding areas, please email michael.stiles@firstgroup.com

We also have openings for part-time School Bus Drivers.

An equal opportunity employer that values diversity.

First Student

Your opinion matters!
Share your opinion on ads that run in Metro by joining the RAM panel at metronews.ca/panel.
metro
Go to metronews.ca/panel and join today

Dental Assistant Professionals earn between $38,000 to $67,000 per year.
Enroll today in our Dental Assistant Certificate Program!

Graduates consistently score 8-10% higher than the National Passing Score on the National Exam.

Apply now for classes
Taught by industry experts
Free upgrading may be available

For more information:
www.columbia.ab.ca/m
Call now: 403.235.9300
Drop-in: 802 Manning Road NE, Calgary AB

COLUMBIA COLLEGE CALGARY

Quality education that works for you & employers.

Look Good, Feel Good

Health and beauty are very important parts of our lives, so what are you waiting for! There's no better time than now to look good and feel good. Visit the local retailers below to help get you on your way.

BODY CONTOURING

REVIVE REFRESH RENEW YOUR SKIN!
VISIT OUR WEBSITE TO GET MORE! DERMDOCS.CA
TATTOO REMOVAL · VANQUISH™ FAT REMOVAL
ACNE TREATMENTS · BOTOX & DERMAL FILLERS
COOL SCULPTING & MORE!
BOOK YOUR COMPLIMENTARY CONSULTATION TODAY! 403.271.3627
Institute for SKIN ADVANCEMENT

HEALTH COACH

Great things in life come if you feel great about yourself!
Have you ever wanted something in your life, but found you couldn't achieve it alone?
DECIDE IF HEALTH COACHING IS RIGHT FOR YOU.
Schedule a free initial consultation with me. During this session, we will discuss your health and lifestyle to determine how I can best support you in achieving your goals!
FIRST CONSULTATION FREE
eden and earth The Way to Wellness
eden-gould.healthcoach.integrativenutrition.com

HAIR RESTORATION

CONTEMPORARY
SOLUTIONS IN HAIR RESTORATION
DU BRULE HAIR CLINIC
ALOPECIA CHEMOTHERAPY TRICHOTILLOMANIA
dubrulecalgary.com

metro
Your Ad Here!
CALL 403.440.0136 FOR MORE INFORMATION

BODY, MIND, SPIRIT

"Meditation on Twin Hearts is one of the most powerful meditation tools for spiritual development. It is a true gift from the Great Ones."
Master Choa Kok Sui
MCKS Meditation on Twin Hearts
Every Friday at 7:30 PM @
Bodhi Well-Being and Healing Center
#402-4600 Crowchild Trail NW, Calgary
Contact: cpha.alberta@gmail.com
EVERYONE WELCOME

MEDICAL SPA

50% OFF
Laser Hair Removal
$399
3 Body Parts, 6 Treatments
Microdermabrasion with Vit C infusion $59
Expires: Nov. 30th, 2014
CONTACT US TODAY FOR YOUR FREE CONSULTATION
(403) 281-5005 · www.prestigehealthonline.com
Prestige Health | #223 - 11625 Elbow Drive S.W. Calgary

Your opinion matters!
Share your opinion on ads that run in Metro by joining the RAM panel at metronews.ca/panel.
Go to metronews.ca/panel and join today
metro

The Stampeders celebrate winning the West Division title at McMahon Stadium on Sunday. JEFF MCINTOSH/THE CANADIAN PRESS

Horse power: How the West was won

CFL playoffs. Stamps punch ticket to Grey Cup with efficient win over Eskimos

West Division final

Stampeders	Eskimos
43	18

The Calgary Stampeders are a win away from capping a stellar season with a Grey Cup.

After matching the franchise's best record of 15-3, Calgary will play the Hamilton Tiger-Cats in the CFL's championship game Nov. 30 in Vancouver.

The Stampeders were efficient and versatile in a 43-18 win over the Edmonton Eskimos in Sunday's West Division final. With the Eskimos limiting the top rushing offence in the league, the Stampeders won it in the air.

Calgary claimed the Grey Cup in John Hufnagel's first year as head coach and GM in 2008.

Upset losses at home in the West final to Saskatchewan in 2010 and 2013 — when Calgary's records were 13-5 and 14-4 respectively — were deflating conclusions to outstanding campaigns.

Despite a regular-season record of 88-37-1 in Hufnagel's seven seasons at the helm, Calgary's only other appearance in a Grey Cup was in 2012 when it lost to the Toronto Argonauts.

"We've been working for so long and we've experienced so much disappointment," running back Jon Cornish said. "I want to win this Grey Cup, not for personal gain, but for every single person in this locker-room, every single person on the support staff and every single coach. They're the people that deserve this."

Stampeders quarterback Bo Levi Mitchell threw a pair of touchdown strikes to Eric Rogers, had touchdown throws to Cornish and Marquay McDaniel and ran the ball in for a TD of his own against the Esks.

Cornish scored his second touchdown of the game on a two-yard run late in the fourth quarter. The CFL's rushing leader was held to 54 yards on 14 carries, but Cornish made his impact in the game as a receiver, totalling 120 yards on four catches.

Edmonton starter Mike Reilly was 20-for-33 in passing for 216 yards and two touchdowns but was intercepted twice. Reilly sustained an injury late in the third quarter and did not return in the final period. THE CANADIAN PRESS

Ticats laugh all the way to the Banks

Brandon Banks and the Hamilton Tiger-Cats made the Montreal Alouettes eat their words Sunday.

Banks had a playoff-tying two punt return TDs to lead Hamilton back to the Grey Cup with a 40-24 East Division final win over the Montreal Alouettes. Banks had five punt returns for a playoff-record 226 yards and had another 78-yard TD return negated by a penalty.

The victory was especially gratifying for Banks and the Ticats, who remained silent last week after Montreal players Duron Carter, Bear Woods and S.J. Green all boldly predicted their team would win.

The assurances came despite the Alouettes losing 29-15 in Hamilton on Nov. 8 that earned the Ticats first in the East and home field for the division final.

"Of course, we won," Banks said. "They guaranteed a win, didn't they, so (they) can eat those words." THE CANADIAN PRESS

Brandon Banks TORSTAR NEWS SERVICE

Bobsledding

Humphries pilots four-man crew to a silver medal

Two-time Canadian Olympic bobsled champion Kaillie Humphries won her first medal in a four-man event on Sunday, taking silver in the final tune-up race before the start of the World Cup season.

Humphries and her crew of Dan Dale, Joey Nemet, and D.J. McClelland sat in fourth spot after the first of two runs in the opening race of a double-header at the North America's Cup before taking advantage of their best-ever push time at 5.29 seconds to take silver at one minute, 50.50 seconds.

Justin Kripps of Summerland, B.C., won the gold medal at 1:49.65. THE CANADIAN PRESS

NHL

King Henrik and the Rangers rule over Canadiens

Henrik Lundqvist stopped 21 shots for his fourth shutout, Martin St. Louis had a goal and assist, and the suddenly stingy New York Rangers routed the NHL-leading Montreal Canadiens 5-0 on Sunday night.

Lundqvist, who followed on the heels of backup Cam Talbot's blanking of Philadelphia on Wednesday, posted his team-record 54th shutout.

Dominic Moore, Derek Stepan, Carl Hagelin and Rick Nash rounded out the scoring. THE ASSOCIATED PRESS

Formula One

Hamilton secures 2nd drivers' title

British driver Lewis Hamilton clinched his second Formula One title in style with a victory at the season-ending Abu Dhabi Grand Prix on Sunday, with title rival Nico Rosberg drifting out of contention after failing to recover from a poor start.

Hamilton, the 2008 F1 champion, entered the race with a 17-point lead over his Mercedes rival Rosberg, needing only a top-two finish to guarantee the title. THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
Don't be too proud to accept a gift from a friend. Not only do you need what they want to give you but accepting it will make them feel good about themselves as well.

♉ Taurus
April 21 - May 21
A plan to boost your earning power may be tempting but if it means doing something that leaves you feeling uncomfortable with yourself then maybe you should give it a miss.

♊ Gemini
May 22 - June 21
If others expect you to act in ways you do not enjoy then obviously something is wrong. You don't have to do what they want you to do.

♋ Cancer
June 22 - July 23
You have been pushing yourself hard of late and if you start this week the way you finished the last one it won't be long before you break down in some way.

♌ Leo
July 24 - Aug. 23
What you want to do and what you are expected to do may be different things but if you are smart you will find ways to mix duty and pleasure.

♍ Virgo
Aug. 24 - Sept. 23
Your thoughts may be far away but the demands of your current situation will soon bring you back to reality.

♎ Libra
Sept. 24 - Oct. 23
There may be certain patterns of behaviour that you would like to overcome but you have got to be sensible about it. You can't change overnight.

♏ Scorpio
Oct. 24 - Nov. 22
You need to be careful as the new week begins because if you allow yourself to be taken in by soft words or a pretty face you could find later on that you have been duped.

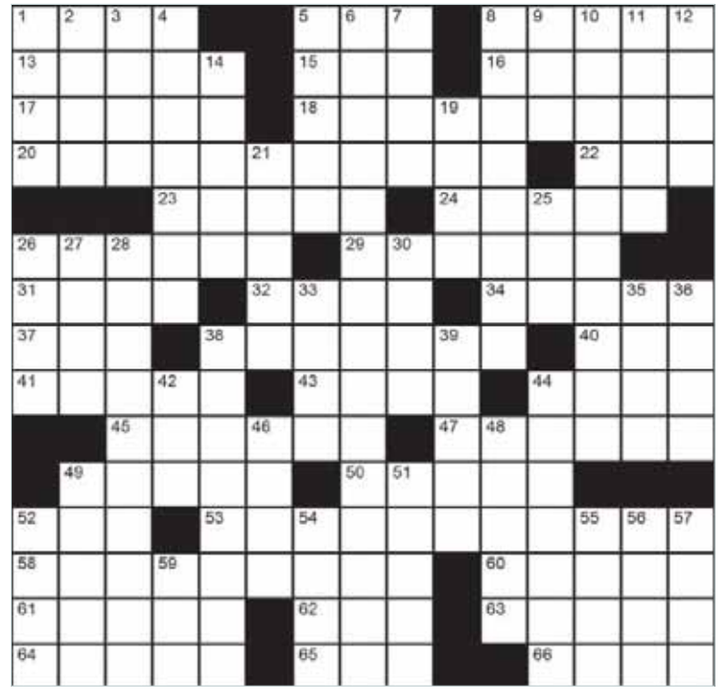
♐ Sagittarius
Nov. 23 - Dec. 21
No one doubts your hard work but even a Sag needs to slow down once in a while. Venus in your birth sign urges you match each hour of work with an hour of relaxation.

♑ Capricorn
Dec. 22 - Jan. 20
Don't worry too much about the purpose of what you are doing — if it makes you happy that is purpose.

♒ Aquarius
Jan. 21 - Feb. 19
There are plenty of reasons why it might be wise to keep your head down and stay quiet but opportunities to have your say come all too rarely and you are not going to let this one pass by.

♓ Pisces
Feb. 20 - March 20
It may be tempting to confront someone giving you a hard time but the planets warn you should leave it until later in the week.

Crossword: Canada Across and Down by Kelly Ann Buchanan



Across
1. Daredevil Mr. Wallenda's
5. Mudbath locale
8. Type of religious belief
13. Conform
15. Not him
16. Swedish actress Ms. Stevens
17. "I Believe __ __" by Kylie Minogue
18. Canuck family tree series, "__ in the Attic"
20. Visit to the hair salon reason: 2 wds.
22. Mints brand, __ tac
23. Deafening, WWI-era novel by Canadian author Frances __
24. Dance style
26. Non-__ organization
29. Ray of "Good-Fellas" (1990)
31. Gem type
32. __ Village, in Hamilton
34. Celebrity roast host
37. UK award since 1917
38. Land bridge
40. ms. lang's
41. "Tearin' Up My Heart" quintet
43. Carpentry tool
44. Vocationally vacate
45. Wobble
47. __ up, as cars
49. Irritate
50. Verse, to Baudelaire
52. Previously, to Shakespeare
53. __ de Montreal (Montreal bug museum)
58. New Brunswick port on Chaleur Bay
60. Actress Lisa
61. Internet commerce, _-__
62. Pastureland
63. E.C. __ (Popeye creator)
64. 1989 for Taylor Swift = __ _ _
65. Vase
66. Prairie prov.

Down
1. Depilatory brand
2. "____ idea." (Really?)
3. Send to the boxing canvas
4. Internet music service
5. Mr. Cassidy (1970s heartthrob)
6. Classroom tool: 2 wds.
7. __ enemies
8. Disagreements
9. 'Persist' suffix
10. "Knocked me down and _ __ __ __..." - Red Rider, "Human Race"
11. Opera __ (Opera style that is serious)
12. __. _, "Happy Days" mom
14. "__ Frutti" by Little Richard
19. Overseas currency
21. Promises
25. Valerie Harper co-star ...her monogram
26. Me, she or him [abbr.]
27. Wipes
28. One way to be a good Canadian: 3 wds.
30. Doctrines
33. Raison d'__
35. Actress Ms. McClurg
36. Approximated, for short
38. Canadian Rockies sight in Alberta, Columbia __
39. Disconcerted
42. PBS funding org.
44. Questions
46. Oversee
48. Mr. Epps'
49. Where Minos was king
51. Liner's lieu
52. Mr. Scrooge, to pals
54. "Star Trek" character
55. "Young Frankenstein" (1974) role
56. Irish actress Ms. O'Connor's
57. Gospel guy
59. Driver's proof, e.g.

Friday's Crossword

Online

See today's answers at metronews.ca/answers

Conceptis Sudoku by Dave Green

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Friday's Sudoku

5	2	1	6	4	8	7	9	3
6	9	4	3	7	2	8	5	1
3	7	8	1	5	9	4	6	2
8	1	2	5	9	6	3	4	7
4	6	5	7	8	3	2	1	9
9	3	7	4	2	1	5	8	6
1	5	3	2	6	4	9	7	8
2	4	9	8	1	7	6	3	5
7	8	6	9	3	5	1	2	4

6		3				7		1
	9		8		7		6	
1				9				4
	4			8			1	
		1				3		
	5			6			2	
4				7				9
	6		9		1		3	
9		8				6		7

Skilled Workers are in Demand!
It's time to get into college
HEALTHCARE • BUSINESS • TECHNOLOGY • LEGAL • ACCOUNTING
Academy OF LEARNING CAREER COLLEGE
www.academyoflearning.ab.ca
Career training that works for Alberta's booming economy.
Financial Assistance available to qualified applicants.
NORTH (403) 596-8973 SOUTH (403) 252-8973

NOVEMBER 27, 2014

1 DAY VIP SALE

Year End CLEARANCE EVENT

GET UP TO $7,000 IN PRICE ADJUSTMENTS[Ω]
Amount available on the 2014 Veloster Turbo Manual

0% PURCHASE FINANCING FOR UP TO 96 MONTHS[†]
ON SELECT MODELS

FINAL DAYS FOR 2014 MODELS!

NO CHARGE WINTER TIRES*

with every new vehicle purchase

CORNER 16 AVE & BARLOW TRAIL NE

CALGARY HYUNDAI

CALL US: 1.888.356.7503

WWW.CALGARYHYUNDAI.COM

MON - THURS 9 AM - 9 PM · FRI - SAT 9AM - 6PM • SUN CLOSED 1920 23 STREET NE, CALGARY, AB T2E 8N3

AMVIC Alberta Motor Vehicle Industry Council

Vehicles may not be exactly as shown. all vehicles were available at the time of print. Prices shown are plus tax. Finance offers available O.A.C. from Hyundai Financial Services based on a new 2014 Accent 5 Door L 6-speed manual/2015 Sonata GL Auto with an annual finance rate of 0% for 96 months. Price adjustments are calculated against the vehicle's starting price. Price adjustments of up to $4,635/$3,835/$7,000 available on in stock 2015 Elantra L 6-speed manual/2015 Santa Fe Sport 2.4L FWD/2014 Veloster Turbo 6-speed manual. Price adjustments applied before taxes. Offer cannot be combined or used in conjunction with any other available offers. All dealer rebates, discounts, factory incentives, prices and interest rates subject to change or end without notice as new retail incentive programs are announced. Offers expire November 30, 2014. *No charge winter tires are on in-stock purchases only, max value on winter tires are: (Accent/Veloster - $320)(Elantra - $300)(Sonata - $520) (Tuscon - $410)(Santa Fe - $470). Winter tires are not available at no charge for the Genesis.